



# Todwick Primary School

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**Headteacher:**

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Mr. T. Parkin

Thursday, 13 May 2021

## Relationships and health education

Dear Parents and Carers,

I am writing to inform you about the teaching of relationships and health education, in accordance with our Relationships and Sex Education and Health Education (RSE) Policy. This is a statutory part of our curriculum and is taught in all primary schools.

At Todwick School, we are committed to helping all our pupils to grow up healthy, happy and safe, and to be able to navigate life in modern Britain. Relationships and health education has been incorporated into our curriculum to equip pupils with the knowledge they need to make informed decisions about their health, safety and relationships with others, now and in the future.

We aim to deliver relationships and health education which is current, evolving, age- and developmentally-appropriate, and respectful of each pupil's cultural and religious background.

### What is relationships education?

Relationships education will give pupils the foundation to build safe, positive relationships with those around them, including online. Your child will be taught what friendships and relationships are, and what family means.

We are committed to teaching relationships education in a positive, age-appropriate way, encouraging all pupils to treat others with kindness, consideration and respect.

Throughout their time with us, pupils will be taught about the following:

- Families and the people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Keeping safe
- Change and loss

### What is health education?

We aim for health education to provide your child with the knowledge they need to make positive decisions about their own health and wellbeing. Health education will also help equip your child to recognise when they are experiencing issues, when others are experiencing issues, and when to seek support.



Throughout their time with us, pupils will be taught about the following:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- The risks associated with drugs, tobacco and alcohol
- Health and the prevention of ill health
- Basic first aid
- The changing adolescent body

### **What you need to know**

Our school is introducing RSE through a phased approach in the current academic year.

The teaching of RSE in school has been designed to complement and reinforce the essential lessons parents teach their children as they grow up. To put this into practice, the school is required to consult with parents when reviewing policies on relationships and health education. Our RSE policy is available to view on our school website along with several other documents informing you about the curriculum in more detail.

We will shortly be sending you a survey. We welcome your responses to this survey as they will help us to understand your views and take these into consideration as we further update our curriculum offer to meet the new Relationships and Sex Education Requirements.

We will notify you of any proposed changes to the aforementioned policy.

We would like to reassure you that the content taught in relationships and health education will be respectful of every pupil's religious and cultural background.

As relationships and health education is a statutory part of our curriculum, it is not possible for you to withdraw your child from these lessons. It is also compulsory for your child to participate in science lessons, some of which contain educational material about human development and the reproductive system – it is not possible to withdraw your child from these lessons.

It is, however, possible to withdraw your child from some or all lessons on sex education. Please contact the school by email as soon as possible should you need to discuss any alternative arrangements.

Yours sincerely,

Sue Oakes

Headteacher